

NEXT GENERATION ACCOUNTABLE CARE ORGANIZATION (ACO) MODEL

Beneficiary Frequently Asked Questions - 2019



We know change can be difficult. Let us help.

As a Medicare beneficiary, welcome to NW Momentum Health Partners.

Catalyst Medical Group & St. Joseph Regional Medical Center are excited to announce that we have partnered with NW Momentum Health Partners - an Accountable Care Organization Model specifically designed for Medicare patients.



Why are Catalyst Medical Group & St. Joseph Regional Medical Center participating?

We recognize that the cost of healthcare is rising. An ACO is a group of doctors, hospitals, and other healthcare providers working together with Medicare to help provide better service and care that meets your individual needs.

Will my Medicare coverage change?

No. Your Medicare coverage will not change.

Can I still see my doctor?

Yes. Beneficiaries will not see any changes in their original Medicare benefits and will keep their freedom to see any Medicare provider.

How do I know if my doctor is partnering with NW Momentum Health Partners ACO?

Visit www.NWMomentumHealthACO.com for a complete list of participating providers.

How will an ACO lead to better care for me?

NW Momentum Health Partners supports primary care providers with coordination of care and services for you. The goal for an ACO is for your primary care providers to communicate closely with your other healthcare providers, so they can deliver high-quality care that meets your individual needs and preferences.

DID YOU KNOW?

ACO beneficiaries have access to care management services including locating local providers, coordination of services, assistance in managing complex medical conditions, and much more.



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As part of the ACO, what benefits are available to me?

Beneficiaries may be eligible to take part in additional programs, such as:

- ✓ **Telehealth:** A way to visit a provider or certain specialist using technology, such as a computer or smart phone.
- ✓ **Nursing Homes:** Medicare allows our network of doctors to admit into certain nursing homes at any time - regardless of the Medicare required 3-day hospital stay.
- ✓ **Home Visits after Hospital Stays:** For beneficiaries that do not qualify for home health services, Medicare allows NWMHP to dispatch nurses and other skilled staff to homes - up to nine times - after hospital discharge.
- ✓ **Home Visits to Prevent Hospital Stays:** For beneficiaries that do not qualify for home health services, Medicare allows NWMHP to send doctors or nurses to your home to help manage healthcare needs.
- ✓ **Reduced or Eliminated Out-of-Pocket Expenses:** Reduce or eliminate your costs for some Medicare Part B services.
- ✓ **Rewards for Participation in Programs:** Eligible beneficiaries may qualify for gift cards of their choosing based on their participation in care management.

Where can I learn more?

Beneficiaries may contact NW Momentum Health Partners.
Monday - Friday | 8am-5pm PST
360.943.4337 opt 6 | www.NWMomentumHealthACO.com

**DON'T
FORGET!**
Medicare covers your
Annual Wellness Visit.

Contact your primary healthcare
provider to schedule your
appointment today.



319 SEVENTH AVE SE, STE 201, OLYMPIA WA 98501
360.943.4337 opt 6 | M-F 8am - 5pm PST
www.nwmomentumhealthaco.com

NW Momentum Health Partners and its network of healthcare providers are voluntarily participating in the Next Generation ACO Model in an effort to improve health outcomes and lower expenditures. Please contact the Centers for Medicare and Medicaid (CMS) at CMS.gov or Medicare at 1.800.663.4227 for additional information.