

## WE KNOW CHANGE CAN BE DIFFICULT LET US HELP.

Medicare has an innovative model where health care providers who share a common vision of improving patient care, can work together more effectively by belonging to an Accountable Care Organization (ACO).

In addition to being a Medicare Beneficiary, you are now aligned with NW Momentum Health Partners (NWMHP) – An Accountable Care Organization (ACO) specifically designed for Medicare patients. As an ACO, we work with healthcare providers and Medicare to provide superior care that meets your individual needs.

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### BENEFICIARY FREQUENTLY ASKED QUESTIONS

#### **Will my Medicare coverage change?**

No. Your Medicare coverage will not change.

#### **Can I still see my doctor?**

Yes. Beneficiaries will not see any changes in their original Medicare benefits and will keep their freedom to see any Medicare provider.

#### **How do I know if my doctor is partnering with NW Momentum Health Partners ACO?**

Visit [www.NWMomentumHealthACO.com](http://www.NWMomentumHealthACO.com) for a complete list of participating providers.

#### **How will an ACO lead to better care for me?**

NW Momentum Health Partners supports primary care providers with coordination of care and services for you. The goal for an ACO is for your primary care providers to communicate closely with your other healthcare providers, so they can deliver high-quality care that meets your individual needs and preferences.

#### **What type of care is available?**

ACO beneficiaries have access to care management services including locating local providers, coordination of services, assistance in managing complex medical conditions, and much more.

Additionally, Medicare covers your Annual Wellness Visit. Contact your primary healthcare provider to schedule your appointment today.

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[nwmomentumhealthaco.com](http://nwmomentumhealthaco.com)

## available **services**

As part of the ACO, you may be eligible to take part in additional programs, such as:

- ▶ **Telehealth:** A way to visit a provider or certain specialist using technology, such as a computer or smart phone.
- ▶ **Nursing Homes:** If needed, Medicare allows our network of doctors to admit into certain nursing homes at any time - regardless of the Medicare required 3-day hospital stay.
- ▶ **Home Visits after Hospital Stays:** For beneficiaries that do not qualify for home health services, Medicare allows NWMHP to dispatch nurses and other skilled staff to homes - up to nine times (in a 90 day period) - following a hospital stay.
- ▶ **Home Visits to Prevent Hospital Stays:** For beneficiaries that do not qualify for home health services, Medicare allows NWMHP to send doctors or nurses to your home to help manage healthcare needs - up to 2 (two) times in 90 days.
- ▶ **Reduced or Eliminated Out-of-Pocket Expenses:** For beneficiaries who participate in the home visits, you may qualify for reduced or elimination of your costs for some Medicare Part B services.
- ▶ **Rewards for Participation in Programs:** Eligible beneficiaries may qualify for gift cards of their choosing based on their participation in care management.

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### **WE ARE HERE TO HELP.**

We understand healthcare can be difficult. Our Care Management team is here to help navigate your eligibility and determine qualifying benefits.

### **WHERE CAN I LEARN MORE?**

#### **Beneficiaries may contact:**

NW Momentum Health Partners (NWMHP) ACO  
Monday - Friday | 8am-5pm PST  
360.943.4337 opt 6 | [www.NWMomentumHealthACO.com](http://www.NWMomentumHealthACO.com)

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[nwmomentumhealthaco.com](http://nwmomentumhealthaco.com)