



[BENEFICIARY FULL NAME]

[ADDRESS1]

[ADDRESS2]

[CITY, STATE ZIP]

REQUIRED ANNUAL NOTICE: NO ACTION NEEDED

Dear [BENEFICIARY FULL NAME],

Your doctor [OPTIONAL: PCP NAME OR PCP PRACTICE NAME,] has agreed to coordinate better with the doctors who are part of **NW Momentum Health Partners ACO (NWMHP)**, a Medicare Next Generation Accountable Care Organization (ACO). You still have the right to see any doctor you choose without a referral.

Your Medicare benefits have not changed. Your doctor asked NWMHP to help see that you get the right care at the right time.

An ACO is a group of doctors, hospitals, and other healthcare providers who agree to work together to keep you healthy. All members of **NWMHP** agree to work together to see that you get the right care at the right time. They will work to reduce duplicate tests and duplicate paperwork that cost you time and money. They will focus on preventing illness by paying attention to your individual health needs. They will work together to keep you healthy, so that you do not need hospital care or extra out-of-pocket expenses. And, NWMHP will help everyone work together to give you better care. We will help coordinate your care according to your individual medical needs and treatment choices. We will guard your medical records and privacy. To see a list of the doctors and other professionals that work with us, visit our website at: **nwmomentumhealthaco.com**.

Doctors who are part of an ACO find that they are able to give their patients better coordinated care and higher quality care. **Your Medicare benefits have not changed.** You may still go to any doctor, hospital, or other healthcare provider that accepts Medicare. However, because your doctor is now connected with **NWMHP**, you may qualify to take part in some special programs. These special programs are listed below and will be provided at no additional cost to you. For information about any of these programs, please ask your doctor or healthcare provider.

New Features

- **Skilled Nursing Homes:** If your doctor thinks you need skilled therapy services, you may be able to go directly to a skilled nursing home for therapy. Medicare usually only covers care in a skilled nursing home if you stay in the hospital for at least three days before your admission to the skilled nursing home. Medicare allows doctors who work with us to admit you to certain skilled nursing homes any time you need therapy, even if you have not had a 3-day hospital stay. The skilled nursing homes that work with us are listed on our website at: **nwmomentumhealthaco.com**. If you call us, we will mail you the list.

- Home Visits after Hospital Stays: Medicare lets NWMHP send nurses and other staff to your home up to nine times after you are discharged from a hospital. They will help you follow the discharge plan your doctor writes.
- Home Visits to Help Prevent the Need for Hospital Stays: Medicare may allow your NWMHP doctor or practitioner to send a nurse or other healthcare provider to your home to help you manage your healthcare needs.
- Telehealth: Medicare lets NWMHP use telehealth for some services. Telehealth is a way to visit your doctor or certain specialists using technology, such as a computer or smart phone. If you are interested in telehealth, ask your doctor about it.
- Reduced or Eliminated Out-of-Pocket Expenses: Medicare allows us to reduce or eliminate your costs for some Medicare Part B services delivered by providers in NWMHP.
- Rewards for Participation in Programs: If you have a complex, chronic condition such as diabetes, high blood pressure, heart failure, or depression, you may be able to join a special program to manage your condition better. In a few instances, Medicare allows NWMHP to give you a gift card for joining this program.

NWMHP works with providers who are voluntarily taking part in the Next Generation ACO Model, to support providing better quality care for patients.

All participating providers have joined us in committing to the needs and preferences of their Medicare beneficiaries. All Next Generation ACO beneficiaries have access to care management service, assistance in managing complex medical conditions, and much more.

Questions?

If you have questions about this letter or the special programs, please call us at 877-943-4337 option 6. Or, you may call Medicare at 1-800-MEDICARE (1-800-633-4227; TTY users may call 1-877-486-2048).

You may learn more about Medicare Next Generation Accountable Care Organizations at <https://innovation.cms.gov/initiatives/Next-Generation-ACO-Model/>

We look forward to helping your doctor care for you over the coming year.

NW Momentum Health Partners ACO