

For more information 877.943.4337 opt 6 careteam@pswipa.com M-F 8am - 5pm PST

MEAL SERVICES

Do you struggle with finding adequate, healthy meals after an emergency room visit, inpatient stay or skilled nursing facility stay?

WE CAN HELP AT NO COST.

Northwest Momentum Health Partners (NWMHP) Accountable Care Organization (ACO) works with your provider who has voluntarily aligned with the ACO, joining the network of local doctors, hospitals and other providers of healthcare to provide beneficiary benefits that go above and beyond the scope of Medicare services with an emphasis on quality outcomes and coordination of care.

This service is for members who:

• Are unable to obtain food resources from local supermarket due to limited mobility, low activity tolerance, or lack of transportation.

• Have impaired ability to prepare meals due to limited mobility; poor activity tolerance; impaired cognition; or conditions in home that prevent the ability to cook safely.

- Have recent inpatient stay within the last 30 days.
- Have limited in home assistance.
- Have had two or more ER visits in the last 30 days.
- · Do not qualify for Medicaid programs or other assistance programs in the area.

Our meal service provides 1-2 meals per day as a temporary supplement for up to 30 days. If you would like more information about this program available at no additional cost, please contact a NWMHP Care Navigator to discuss qualification.

> Visit our website **nw**momentumhealth**aco**.com