NW MOMENTUM
HEALTH PARTNERS

NWMHP's Care Management is the connection between you and your practitioner.

NW Momentum Health Partners (NWMHP) Accountable Care Organization (ACO) provides care management services to Medicare beneficiaries free of charge. Our Care Management Team works with you and your practitioner to fill the gaps in the traditional Medicare system by offering a range of services designed to meet your individual needs.

NWMHP services are complimentary

Inpatient Discharge Outreach

NWMHP Care Navigators are able to assist you with care coordination after an emergency room visit, an inpatient hospital stay, or a skilled nursing facility (SNF) stay.

- Assistance with appointment scheduling
- Reviewing communication from your practitioner
- Identifying resources to overcome barriers in care, such as: transportation, home assistance, access to medications & more

Complex Care Management (CCM)

NWMHP Nurse Case Managers and Care Navigators work collaboratively with your practitioner to meet your health needs.

- Health education and advocacy
- Coaching for chronic health conditions
- Care coordination
- Care resources
- Support in continued wellness

Additional Services

For those who qualify, NWMHP offers special programs that assist in a range of areas such as:
- Transportation to medical appointments
- Meal assistance
- Home visits after an inpatient hospital stay
- Admission to a SNF without a qualifying hospital stay
- Home Health Services without qualifying homebound status

Remote Patient Monitoring (RPM)

Using technology outside the traditional healthcare setting to support patients diagnosed with cardiac or pulmonary disease.

Patient Care Binders

Patient care binders are an organizational tool created by the NWMHP Care Management Team to help you keep track of appointments, medications, medical records, and individual health care needs.

learn more
careteam@nwmhpaco.com
1.877.943.4337 option 4

D0179_1.31.22

NW MOMENTUM
HEALTH PARTNERS

319 7th Ave SE, Ste. 201 | Olympia, WA 98501
1.877.943.4337 (option 4) | **nwmomentumhealthaco.com**
Monday - Friday, 8am - 5pm

Additional Services

NWMHP Nurse Care Managers and Care Navigators are able to assist with additional services. If you need help navigating any of the following, please contact the NWMHP Care Management department.

To enroll in Care Management Services, please call 1.877.943.4337 and select option 4 or send an email to caretam@nwmhpaco.com.

- Provide one-on-one health care information, guidance, and support.

- Help coordinate care with practitioners and health care professionals.

- Provide support in understanding and following a practitioner's or licensed independent practitioner's treatment plan.

- Provide education and resources to support self-management of chronic disease.

- Provide guidance in obtaining the right medical equipment and self-care supplies.

- Provide support to reduce risk factors for non-adherence to medication administration.

- Advance Care Planning (ACP) – build a plan to inform your family and healthcare practitioners about your preferences should you be unable to speak for yourself.

- Provide guidance and assistance navigating available healthcare benefits and community resources.

- Provide assistance in applying for state services.

- Education regarding prescribed medications and support for accessing prescriptions as available through the health plan.

- Assistance with finding a new primary care practitioner and scheduling follow-up appointments.

- Assist with additional benefits for qualified beneficiaries to support Social Determinants of Health (SDoH).

Care Management Services are voluntary and you may opt out at any time.

To provide feedback regarding the services offered by the Care Management Team, you may contact 1.877.943.4337 option 4 or email **careteam@nwmhpaco.com**.

To report a complaint or concern related to Care Management services, you may contact the Compliance Department at 1.877.943.4337 option 7, or you may report anonymously by visiting **www.nwmomentumhealthaco.com/compliance**.

D0179_1.31.22