



**NW Momentum Health Partners ACO**  
**319 Seventh Ave SE, Suite 201**  
**Olympia, WA 98501**  
**360-943-4337 option 6**  
**Toll Free 1 (877)-943-4337 option 6**

<BENEFICIARY FULL NAME>  
<ADDRESS1>  
<ADDRESS2>  
<CITY, STATE ZIP>

#### **REQUIRED ANNUAL NOTICE: NO ACTION NEEDED**

Dear <BENEFICIARY FULL NAME>,

We are writing to let you know that your doctor <OPTIONAL: PCP NAME OR PCP PRACTICE NAME,> is part of **NW Momentum Health Partners ACO (NWMHP)**, a Medicare Direct Contracting Entity (DCE) participating in a program within Medicare.

**Your Medicare benefits have not changed. The doctor, nurse practitioner, or physician's assistant that you usually see has asked us to help see that you get the right care at the right time. You are not enrolled in any type of plan. You still have the freedom of choice to go to any doctor, hospital, or other healthcare provider of your choice that accepts Medicare.**

A DCE is a group of doctors, hospitals, and other healthcare providers who agree to work together to keep you healthy. All members of **NWMHP** agree to work together to see that you get the right care at the right time. We will help everyone work together to give you better care. We will coordinate your care according to your individual medical needs and treatment choices. We will protect your medical records and privacy. We will work to reduce duplicate tests and duplicate paperwork that cost you time and money. To see a list of the doctors and other groups that work with us, visit our website at: **nwmomentumhealthaco.com**.

Doctors who are part of a DCE find that they are able to give their patients better quality care. **Your regular Medicare benefits have not changed.** You may still go to any doctor, hospital, or other healthcare provider that accepts Medicare. However, because your doctor is now connected with **NWMHP**, some special features may be available to you at no extra cost. These special features are listed below. For information about any of these features, please ask your doctor or healthcare provider.

**NWMHP** works with various health care providers across the Pacific Northwest who voluntarily participate in Direct Contracting, as they believe it will help in providing better

quality care for patients. All of the health care providers participating have joined us in committing to the needs and preferences of their Medicare beneficiaries and to emphasize the coordination of care. While beneficiaries may feel as though their care is already coordinated, **NWMHP** will act as a safeguard to ensure care is always coordinated moving forward.

**NWMHP** provides care management services to Medicare beneficiaries at no additional cost. Our Care Management team works with you and your practitioner to fill the gaps in the traditional Medicare system by offering a range of services that are designed to meet your individual needs. These services include:

- Skilled Nursing Homes: If your doctor thinks you need skilled therapy services, you may be able to go directly to a skilled nursing home for therapy. Medicare allows doctors who work with us to admit you to certain skilled nursing homes any time you need therapy, even if you have not had a 3-day hospital stay.
- Home Visits after Hospital Stays: Medicare lets NWMHP send nurses and other staff to your home up to nine times within ninety days after you are discharged from a hospital. They will help you follow the discharge plan your doctor writes.
- Home Visits to Help Prevent the Need for Hospital Stays: Medicare may allow your NWMHP doctor or practitioner to send a nurse or other healthcare provider to your home to help you manage your healthcare needs.
- Reduced or Eliminated Out-of-Pocket Expenses: Medicare allows us to reduce or eliminate your costs for some Medicare Part B services delivered by providers in NWMHP.
- Rewards for Participation in Programs: If you have a complex, chronic condition such as diabetes, heart failure, or depression, you may be able to join a special program to manage your condition better. In a few instances, Medicare allows NWMHP to give you a gift card for joining this program.

### Questions?

If you have questions about this letter or the special programs, please call us at **360-943-4337 option 6** or Toll Free at **1 (877) 943-4337 option 6**. Or you may call Medicare at 1-800-MEDICARE (1-800-633-4227; TTY users may call 1-877-486-2048). You may learn more about Medicare Direct Contracting Entities at <https://www.medicare.gov/manage-your-health/coordinating-your-care/gpdc-model>. We look forward to helping your doctor care for you over the coming year!

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