NWMOMENTUM
HEALTH PARTNERS

319 7th Ave SE Ste. 201 | Olympia, WA 98501
1.877.943.4337 (option 4) | **careteam@nwmhpaco.com**
Monday - Friday, 8am - 5pm

NW Momentum Health Partners (NWMHP) offers care management services to high-risk patients with multiple chronic conditions, behavioral health concerns, and socioeconomic barriers. Care management services provide one-on-one support to assist individuals, and their practitioner and care team, to manage their conditions and follow a prescribed plan of care.

To best support our practitioners and patients, NWMHP has instituted a Care Management Referral form that practitioners can complete (via hard copy or electronically) when it has been determined that a patient may benefit from the care management services we offer. Practitioners are asked to discuss the referral with their patients in order to support engagement and avoid patient confusion.

Referring Practice Point of Contact Information

Name:

Phone:

Email:

Indicators for referral to High-Risk Care Management:

- Multiple chronic conditions.
- Specific chronic conditions including heart disease, HTN, COPD, cancer, asthma, diabetes, obesity, and depression.
- Social risks (e.g. housing instability, food insecurity, transportation issues, unable to afford medications).
- Mental health conditions.
- Practitioner or care team knowledge that patient is at risk with managing current health conditions.

Care Management Services that are provided to patients:

- Dedicated Nurse Care Manager to assist patients in managing their health and prescribed care plan.
- Comprehensive care plan that reflects action steps and goals set in collaboration with the patient.
- Regular check-ins (typically monthly) via phone or visits to assist patients in staying on track.
- Support communication between patient, practitioner, and care manager.
- Connection to community resources and support, as needed.
- Primary Care and Specialty referral appointment compliance through reminders and other supports.
- Care transition support, including follow-up after hospital discharge or emergency room visits.
- Medication management including support obtaining and reconciling medications.

NWMOMENTUM HEALTH PARTNERS

319 7th Ave SE. Ste. 201 | Olympia, WA 98501
1.877.943.4337 (option 4) | **careteam@nwmhpaco.com**
Monday - Friday, 8am - 5pm

Forward Care Management Referral to NWMHP via Fax: (360) 464-2563 or Encrypted Email: careteam@nwmhpaco.com

PATIENT ELIGIBILITY SHOULD BE CONFIRMED IN INNOVACCER PRIOR TO SENDING THE REFERRAL

Date of Referral:		
Referring Practitioner:	Phone:	Email:
Patient Information		
Patient Name (First, Middle Initial, Last):		
Patient ID:	Patient DOB:	Patient Phone:
Practitioner Information		
PCP Name:	PCP Phone:	PCP Email:
Reason for Referral		

Patient's social risks (select all that apply):

- ☐ Housing instability
- ☐ Food insecurity
- ☐ Other (describe):
- ☐ Transportation issues
- ☐ Unable to afford medications

Patient's chronic conditions:

- ☐ Heart disease
- ☐ HTN
- ☐ COPD
- ☐ Cancer
- ☐ Asthma
- ☐ Diabetes
- ☐ Obesity
- ☐ Mental Health Conditions
- ☐ Other (describe):

Additional information regarding referral:

Referral has been discussed with patient? ☐ Yes ☐ No	If yes, referral was discussed by (Name):
Internal Use Only - NWMHP Nurse Care Manager	
Referral Process Date:	Name of NWMHP Nurse Care Manager Processing the referral:

To report a complaint or concern related to Care Management services, you may contact the Compliance Department at 1.877.943.4337 option 7, or you may report anonymously by visiting **www.nwmomentumhealthaco.com/compliance**.