

NW MOMENTUM

HEALTH PARTNERS

CHOOSE YOUR PRIMARY CARE PROVIDER ON MEDICARE.GOV

HOW DO I KNOW WHO MY PRIMARY CARE PROVIDER IS?

Your primary care provider is a health care provider - a doctor, physician assistant, nurse practitioner or certified nurse specialist – who is responsible for coordinating your overall care, no matter where you choose to receive health care services.

WHY CHOOSE YOUR PRIMARY CARE PROVIDER ON MEDICARE.GOV?

Your Primary Care Provider can help you make health care decisions and can improve how you manage your health care.

WHO IS NW MOMENTUM HEALTH PARTNERS?

NW Momentum Health Partners (NWMHP) participates in the Global and Professional Direct Contracting (GPDC) Model with the Center for Medicare & Medicaid Innovation (CMMI). GPDC is a care delivery model aimed at improving the quality and value of care for Medicare beneficiaries, while lowering costs. When you choose a primary care provider that participates in the GPDC Model, NWMHP provides them with tools and services to better coordinate your care and help improve your health!

Medicare beneficiaries may opt-out of receiving communications from NWMHP at any time. To opt-out, please call 1-877-943-4337, opt. 6 or 360-943-4337, opt. 6, and request to no longer receive NWMHP communications.

CHOOSE YOUR PRIMARY CARE PROVIDER ON MEDICARE.GOV

Visit the "Find and Compare Health Care Providers" web page (<https://www.medicare.gov/care-compare/>) to search for your provider. Fill in the "My Location" box, select a "Provider Type," and enter your provider's name in the "Keywords" box, then click the search button. Choose a provider from the list and click the "heart" Save To Favorites button to save the provider to your favorites. You must be logged into your Medicare.gov account for this selection to save. This action will let Medicare know that you have chosen this provider as your Primary Care Provider.

YOUR SECURE MEDICARE ACCOUNT:

Visit Medicare.gov to log into your secure Medicare account. If you do not have an account with Medicare.gov yet, you will need to create one. You will need your Medicare Beneficiary Identification Number or your Medicare card to create an account. If you do not have your Medicare card or do not know your number, you will be directed to the Social Security Administration website to confirm your identification details for the account. Your Medicare account gives you personalized information about your Medicare benefits and services at any time.

YOU CAN:

- Create a list of your favorite health care providers and choose a primary care provider.
- Find preventive services.
- Check your health and prescription drug plan enrollment.

THINGS TO THINK ABOUT WHEN CHOOSING A PRIMARY CARE PROVIDER

1. CHOOSE A PROVIDER –

You can choose any healthcare provider as your primary care provider. For example, you can choose a primary care doctor, nurse practitioner or physician's assistant.

2. MAINTAIN FLEXIBILITY –

You can still go to ANY health care provider who accepts Medicare, even after you choose a primary care provider on Medicare.gov.

3. CHANGE ANYTIME –

You can choose a different health care provider as your primary care provider at any time. Your primary care provider will remain the same UNLESS you make a change on Medicare.gov.

Need help choosing your primary care provider on Medicare.gov or have questions on the GPDC model?

Call 1-800 MEDICARE (TTY users call 1-877-486-2048).

If you have questions about NW Momentum Health Partners call us at: 1-877-943-4337 opt. 6 or 360-943-4337 opt. 6